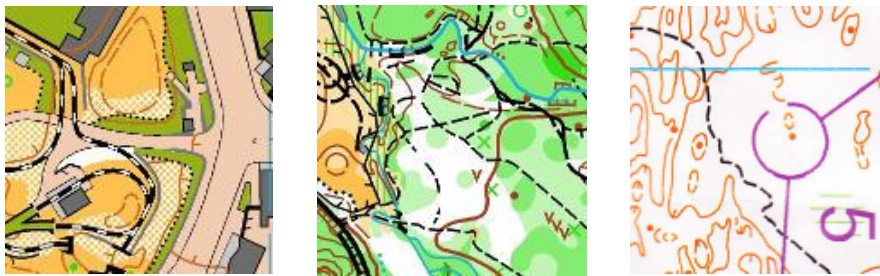


WOA Blast



2017 Wellington Orienteering Association Championships



Event Timetable

Saturday 25th November **WOA Sprint Distance Championships**

10.00am Event Centre and Registration Open
11.00am First Start
1.00pm Course closure

Saturday 25th November **WOA Middle Distance Championships**

2.00pm Event Centre and Registration Open
2.30pm First Start
5.00pm Course Closure

Sunday 26th November **WOA Long Distance Championships** **Frank Smith WOA Interclub Trophy**

9.00am Event Centre and Registration Open
10.00am First Start
2.00pm Course Closure
2.00pm WOA Champs Presentation Ceremony

Welcome

On behalf of Orienteering Hutt Valley I welcome all competitors, supporters and visitors attending the 2017 Wellington Orienteering Association Championships. We have two action packed days on the variety of terrain that the Kapiti and Manawatu Coasts have to offer.

The course planners have done a fantastic job in setting courses that showcase this variety. I would like to thank the planners, club volunteers, setters and controllers for all their hard-work in ensuring the success of this event.

A special thanks to the landowners; Kapiti College, Raumati Beach School, Kapiti Coast District Council, Greater Wellington Regional Council and Ernslaw One who have generously opened up their properties for us to experience and enjoy.

An event like this requires support from many different sources. We are very grateful to Red Kiwi Orienteers for providing the planner, controller, controls and map for the Long Distance at Fusilier, and Wellington Orienteering Club for providing the map for the Sprint Distance at Raumati, as well as equipment used over the entire event.

Best wishes for the competition.

Simon Rea
OHV President

General Information

A registration desk will be in operation at all events. There is no need to visit the registration desk unless you need to pay, or to pick up a hired SI card.

Transport and Parking

Please obey parking officials and instructions when parking at the events. All roads are public and traffic from the opposite direction should be expected.

Presentation Ceremonies

Presentations for all races will be done as soon as possible after the Long Distance at Santoft.

Catering

There is no catering at the events. Please bring a picnic lunch.

Announcements and Change Procedure

Please keep up to date with the event website www.mapsport.co.nz/woachamps and the Orienteering in Wellington Facebook page www.facebook.com/orienteeringwellington In case there is an emergency or unforeseen event impacting on the competition.

Official Results

Official results will be posted on the website after each race as soon as possible, as well as winsplits. The maps will be loaded onto Routegadget.

Runners are encouraged to show the routes they took between controls by putting these into RouteGadget, approximately as they remember, by the following Wednesday midnight. By this you can see what choices others made, and they'd like to see yours too, good or bad!
<http://rg.orienteering.org.nz/>

Smoking

Smoking is strictly prohibited at all events.

Competition Rules

This competition will be run in accordance with the ONZ Competition Rules for New Zealand Foot Orienteering Events. These rules may be viewed on the ONZ website www.orienteering.org.nz under "Resources".

Start Procedure

Each runner is responsible for following the correct marked route to their start area. The competition area is out of bounds until your start time. Distances to the start are specified for each race. Every starting procedure is a silent process, and it is the runner's responsibility to be there on time!

In the Start area, runners will pass through three consecutive starting boxes, and remain one minute in each one. When clock (B) in front of the first start box (-3 min) displays the runner's starting time, the runner steps in. This will be 3 minutes before the start. At this point the SI Card number and the starting time are checked. Runners without an SI-card will

not be allowed to start. In the last minute before the start time, the competitor steps over the line into the -1 min box (the one with the maps). When entering the box, the runner proceeds to the map issue box labelled with his/her correct course and waits beside the map pocket for the remaining part of the minute. Race time is visible there via clock (A).

There will one beep at 30 secs then the start countdown will be indicated by a series of 6 beeps at -5 to 0 seconds. At the last (long) beep the competitor's race time begins and the runner can take the map from the map pocket.

The runner is responsible for taking the correct map. Runners must then follow the marked route to the start point which is indicated by a control stand with flag in the terrain and a triangle on the competition map.

Late Start

Runners who arrive at the pre-start less than three minutes before their designated start time must report to and use the late start lane where an official will accompany him/her.

The SI-card has to be cleared and checked along the lane. If possible, the competitor will then be directed into the correct box of the start grid and start normally. Otherwise control descriptions and the competition map will be handed out by a Start official. The competitor then starts the race when told to do so (IOF Rule 22.9) and a Start official takes a note of the actual starting time. The results of runners who start late will be based on their original start time (with no time compensation). Only if their lateness is the fault of the organiser will their actual race time be used (IOF Rule 22.10).

Finish Procedure

All runners are required to pass and punch one of the SI units at the Finish Line, including those runners who do not complete the whole course. The runner must then download his/her SI-card at one of the readout stations.

The system will verify that all controls have been visited in the correct order. As a confirmation of the completed readout, a slip with the race time and the split-times will be printed out. If you are using a rental SI-card and this is your last race, please return your SI-card in the box provided.

Runners who do not punch at the Finish line will be considered as 'missing on the course,' which may cause a search for the missing person.

All maps are collected at the finish in all races. Maps will be available after the last start for collection.

Timing System

All races will use the Sport Ident (SI) timing system. Hire SI cards will be available to collect with registration. Please remember to return hire chips after the last individual race you compete in. Any lost or un-returned SI cards will incur a fee.

Controls

Each control is equipped with

- the control flag
- one electronic punching station (SPORTident (SI) unit)
- one pin punching device, only to be used if the SI unit fails

The control code is located on top of the SI unit. There are many

controls in the competition terrain. Please make sure to always check your control codes.

Control Descriptions

Control descriptions will be printed on the front side of all competition maps. Loose copies of the control descriptions will be available in the start lanes as part of the start procedure. Competitors have one minute to choose and prepare their control descriptions.

Complaints and Protest

If you wish to make a complaint regarding an infringement of the rules or the organisers' directions, please do so in writing at registration. This must be done within 60 minutes of completing your course. The event controller will consider the matter that you have raised and let you know their decision within 60 minutes of you making the complaint. There is no charge for making a complaint.

If you are not satisfied with that decision, you may ask that the complaint be considered as a protest within 60 minutes of being informed of the Controller's decision. A fee equal to the entry fee that you paid for that day's course is then payable but this fee will be returned if your protest is upheld.

Protests will be considered by a jury of A-grade controllers, selected from a panel convened as appropriate with respect to the protester's family and club.

Health and Safety Information

We take your Health and Safety seriously - for the event specific Health and Safety Plans please refer to our website where these have been published. It will also be available at the event centres each day for viewing. It is the competitor's responsibility to make themselves familiar with these plans and protocols. The organisers ask that competitors use common sense in ensuring their own safety at all times.

Competitors must consider any risks and take their own safety precautions, and will be totally responsible for any injuries which might occur to them during the races as well as for any accidents on the way to and from any event during the WOA Orienteering Championships 2017.

Carry a whistle for your own safety. The recognised distress signal is a series of six short blasts on a whistle. Use your whistle if you need urgent help because of an injury or distress.

If there is a life-threatening issue, dial 111

WOA Sprint Distance Championships

25th November 2017

Map

Raumati



Scale

Courses 1-3, 1:4000

All other courses, 1:3200

Contour Interval

2.5m

Mapper

Nick Hann

Planner

Gavin Scott

Controller

Bill & Susan Edwards

Timetable

10.00am Event Centre and Registration Open

11.00am First Start

1.00pm Course closure

Terrain

Fast paced terrain. School campuses, parks and village streets. The map was last used during the 2016 Waitangi Sprints.

Directions

From the South

Leave SH1 at the start of the Kapiti Expressway (Popular Ave) and turn right, going under the Expressway. Turn left onto the old Main Road and drive north for 1.5km. Turn Left at Raumati Road and drive for 1.2km. Turn Left at a roundabout onto Hillcrest Road (no street sign) and drive for 450m to Vallance Lane. Park on Hillcrest Road. Walk along Vallance Lane and into the school grounds, and across the field following the signs to the Event Centre.

From the North

Leave SH1 the Kapiti Expressway at the Paraparaumu turnoff (Kapiti Road) and turn left onto Kapiti Road. After 800m turn right onto Rimu Road. Drive south along Rimu Road for 1.5km to a T-junction. Turn right onto Raumati Road and drive for 800m. Turn Left at a roundabout onto Hillcrest Road (no street sign) and drive for 450m to Vallance Lane. Park on Hillcrest Road. Walk along Vallance Lane and into the school grounds, and across the field following the signs to the Event Centre.

Parking

Please park on Hillcrest Road and access the College grounds from Vallance Lane. Any other access is Out of Bounds.

Event Centre

On the grass slopes above the playing field. Toilets are available in B-Block, the two story building with classrooms near the field. Please access on the western side (field side) of the building. Everywhere else is Out of Bounds. No shelter.

Start

There are two starts.

Start 1: Courses 1 - 5, 1.2 km, allow 20 min walk. There will be a clothing return.

Start 2: Courses 6 - 7, 100 m, allow 1 min.

Course Closure

Course Closure is at 1.00pm

Out of Bounds

Apart from the route to the start, parking and event centre, all competition terrain is strictly out of bounds.

During racing, competitors must adhere to sprint orienteering rules. Any breach will result in disqualification from the race.

Health and Safety

Competitors will have multiple road crossings and all roads are open. Competitors must follow the road rules and respect other road/footpath users.

- All roads are open and competitors are required to obey the road rules.
- Competitors must run on footpaths and respect other footpath users.
- Vehicles will have the right of way and roads should only be crossed when they are clear.

Presentation

All presentations are on Sunday after the Long Distance at Fusilier.

Recommended Footwear

Racing flats, no spiked shoes.

Event Specific Notes

Runners on courses 1-5 will come across model railway tracks, which they may use. Trains do not operate on Saturday unless a special group booking has been made. If necessary, give way to trains.

Course Information

Course	Classes Men	Classes Women	Distance (km) *	Controls
1	M21E, M20		3.6	19
2	M21A, M40	W21E, W20	2.9	17
3	M16, M50	W18, W21A	2.6	16
4	M14, M60	W16, W40, W50	2.1	13
5	M70, M80	W14, W60, W70	2.0	14
6	M12	W12	1.5	14
7	M10	W10	1.0	14

(*) Distances are shortest viable route.

WOA Middle Distance Championships

25th November 2017

Map

Maungakotukutuku



Scale

Courses 1-4 and 7-8 1:7500

Courses 5,6,9 and 10 1:5000

Contour Interval

2.5m

Mapper

Michael Wood

Planner

Simon Rea

Controller

Susan & Bill Edwards

Timetable

2.00pm Event Centre and Registration Open

2.30pm First Start

5.00pm Course Closure

Terrain

The best bits of a narrow valley in native bush, inter-laced with quad-bike tracks. The current map was first used for the 2012 WOA Champs. It has recently been updated with new contours ex LiDAR. Tracks on the southern area of the map are prone to change due to frequent use by motorcross bikes. Bikes could be in this area on the day, but you can hear them coming.

Directions

From Kapiti College (Sprint venue)

Make your way back North along Hillcrest Road. Turn right onto Raumati Road and drive 1.2km to the old Main Road. Turn left (north) toward the Kapiti lights. Turn right at the lights and right onto Ruapehu St and follow this around to Valley Rd. After 3km turn left onto Maungakotukutuku Road and drive for 3.9km. This road is narrow and winding, please take care. There may be traffic coming the other way. The event is 250m past the Four x 4 club. Park as directed. Please note that **Waterfall Road is closed to through traffic**, there is no access from the South.

From the North

Take the Paraparaumu exit left onto Kapiti Road. Go straight ahead at the lights on the old Main RD, right onto Ruapehu St and follow this around to Valley Rd. After 3km turn left onto Maungakotukutuku Road and drive for 3.9km. This road is narrow and winding, please take care. There may be traffic coming the other way. The event is 250m past the Four x 4 club. Park as directed.

From the South

Leave SH1 Kapiti Expressway at the Paraparaumu/Raumati turn off. Turn right under the express way and left onto the old Main Road. Turn right at the Kapiti lights and right onto Ruapehu St and follow this around to Valley Rd. After 3km turn left onto Maungakotukutuku Road and drive for 3.9km. This road is narrow and winding, please take care. There may be traffic coming the other way. The event is 250m past the Four x 4 club. Park as directed. Please note that **Waterfall Road is closed to through traffic**, there is no access from the South.

Parking

Parking is in a paddock. Follow the instructions of the marshals. Please drive slowly, take care for ruts.

Event Centre

Beside the parking.

Start

There is a 1km walk to the start along a flat road. The start area is small. Please wait on the road side of the stream until called across. Wet feet are unavoidable sorry.

Course Closure

Course Closure is at 5pm

Out of Bounds

Apart from the route to the start, parking and event centre, all competition terrain is strictly out of bounds.

Health and Safety

Motor cross bikes could be on tracks in the southern area of the map, but these will be heard before they are seen. Safety bearing for the area is **west** out to the Road.

Presentation

All presentations are on Sunday after the Long Distance at Fusilier.

Recommended Clothing and Footwear

Full body cover is recommended. Orienteering shoes.

Course Information

Course	Classes Men	Classes Women	Distance (km)	Controls
1	M21E		3.1	20
2	M20A, M21A	W21E	2.8	14
3	M18A, M40A		2.7	15
4	M16A, M50A, M21AS	W18A, W20A,W21A, W40A	2.3	13
5	M60A, M40AS	W16A, W50A, W21AS	2.2	13
6	M70A, M80A	W60A, W70A, W80A W40AS	1.9	10
7	M18B, M21B, M14A		2.4	13
8	M40B	W18B, W21B, W40B, W14A	2.0	10
9	M12A, M14B, M21C	W12A, W14B, W21C	1.2	11
10	M10A, M12B	W10A, W12B	1.0	12

Climb is negligible.

WOA Long Distance Championships

26th November 2017

Map

Fusilier



Scale

Courses 1-4 1:10,000

Courses 5-10 1:7,500

Contour Interval

2.5m

Mapper

Russell Higham

Planner

Carol Ramsden

Controller

Graham Teahan

Timetable

9.00am Event Centre and Registration Open

10.00am First Start

2.00pm Course Closure

2.00pm WOA Champs Presentation Ceremony

Terrain

Open sand dune forest.

Directions

From Bulls

From the centre of Bulls drive 9.5km along SH3 towards Whanganui. Turn left into Santoft Road. Drive for 1.3km to a T-junction and turn right remaining on Santoft Road. Drive for 8.9 km then turn right into Beamish road. Follow Beamish road to the end. Travel 1-2km on forest road to parking.

From Whanganui

From the centre of Turakina drive 12km along SH3 towards Bulls. Turn left into Santoft Road. Drive for 1.3km to a T-junction and turn right remaining on Santoft Road. Drive for 8.9 km then turn right into Beamish road. Follow Beamish road to the end. Travel 1-2km on forest road to parking.

Parking

Park as directed on the forest road.

Event Centre

Located 350m from the closest parking. Please bring your gear and lunch down to the event centre.

Start

200m from Event Centre and 100m from closest parking.

Course Closure

Course Closure is at 2pm

Out of Bounds

Apart from the route to the start, parking and event centre, all competition terrain is strictly out of bounds.

Health and Safety

There are a number of wire fences which are hard to see while crossing. Some of the wires are on the ground and can be a hazard

Safety bearing – east to Santoft road or north east to Beamish road

Presentation

A presentation of WOA titles and the Frank Smith Trophy will occur as soon as possible.

Recommended Clothing and Footwear

Full body cover is recommended. There are patches of blackberry especially near the last few controls.

Event Specific Notes

There are numerous motocross tracks that cover most of the map, following a recent motocross event. These are **not** shown and for consistency the motocross tracks that were drawn on earlier versions of the map have now been removed

Electric fences [those that are still standing] are turned off.

Course Information

Course	Classes Men	Classes Women	Distance (km)	Controls
1	M21E		13.8	27
2	M20A, M21A	W21E	10.5	23
3	M18A, M40A		8.9	20
4	M16A, M50A, M21AS	W18A, W20A,W21A, W40A	7.2	17
5	M60A, M40AS	W16A, W50A, W21AS	6.4	15
6	M70A, M80A	W60A, W70A, W80A, W40AS	4.9	13
7	M18B, M21B, M14A		5.7	11
8	M40B	W18B, W21B, W40B, W14A	4.1	10
9	M12A, M14B, M21C	W12A, W14B, W21C	3.6	10
10	M10A, M12B	W10A, W12B	2.7	8

Climb is negligible.

